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To be filled in
by Parents

Central Psychological Support Services (CPSS) – Preschool service
Social Welfare Department

Parent Questionnaire

Child name: _____ Sex : _____ Date of birth: _____

Informant : _____ Relationship with child: _____ Date of Completion : _____

This questionnaire aims to assist teachers and clinical psychologists to understand parents' difficulties in handling their children. Please refer to the child that is currently receiving service when you are filling in the items. Choose the answers that best reflect your situation.

A . Child behavioral and emotional presentation

The following list includes different description of child behaviors. Please rate each of them according to how your child behaves currently or in the past 2 months.

2—always, very accurate ; 1—sometimes, almost ; 0—never, not at all

- | | | | |
|-------|---|-------|--|
| 0 1 2 | 1. Inviting others to join his/her play | 0 1 2 | 25. Throwing temper |
| 0 1 2 | 2. Being friendly | 0 1 2 | 26. Being non-compliant, refusing to follow rules |
| 0 1 2 | 3. Clinging to adults | 0 1 2 | 27. Being aggressive to others |
| 0 1 2 | 4. Being helpful | 0 1 2 | 28. Feeling low in self-worth |
| 0 1 2 | 5. Longing for praise from adults in learning | 0 1 2 | 29. Lacking the attention to finish his/her job |
| 0 1 2 | 6. Feeling lonely | 0 1 2 | 30. Being empathic and giving support to others |
| 0 1 2 | 7. Not knowing how to join in groups | 0 1 2 | 31. Insulting or laughing at others |
| 0 1 2 | 8. Requesting immediate satisfaction to his/her needs | 0 1 2 | 32. Bullying or disturbing others |
| 0 1 2 | 9. Being fidgety, failing to stay on seat | 0 1 2 | 33. Responding sensitively |
| 0 1 2 | 10. Being persistent upon difficulties | 0 1 2 | 34. Showing interests in learning and training |
| 0 1 2 | 11. Being worried, anxious | 0 1 2 | 35. Being rude |
| 0 1 2 | 12. Manifesting abrupt change of emotional state | 0 1 2 | 36. Being argumentative, showing lack of remorse |
| 0 1 2 | 13. Being stubborn, irritable | 0 1 2 | 37. Being careless, missing his/her belongings |
| 0 1 2 | 14. Being oppositional, difficult to be disciplined | 0 1 2 | 38. Being fearful |
| 0 1 2 | 15. Relying on adults' assistance in finishing homework | 0 1 2 | 39. Preferring solitary activity |
| 0 1 2 | 16. Daydreaming, self-absorbed | 0 1 2 | 40. Screaming too much |
| 0 1 2 | 17. Refusing to accept failure | 0 1 2 | 41. Being receptive to advice in learning |
| 0 1 2 | 18. Misbehaving and being not receptive to coax | 0 1 2 | 42. Being impatient and difficult to take turns |
| 0 1 2 | 19. Being noisy, talking too much | 0 1 2 | 43. Being lax in attitude |
| 0 1 2 | 20. Being impulsive | 0 1 2 | 44. Enjoying homework and training |
| 0 1 2 | 21. Telling lies | 0 1 2 | 45. Having separation anxiety |
| 0 1 2 | 22. Being easily distracted | 0 1 2 | 46. Being shy, easily feeling embarrassed |
| 0 1 2 | 23. Crying too much | 0 1 2 | 47. Expressing strong frustration in failure performance |
| 0 1 2 | 24. Being looked unhappy | 0 1 2 | 48. Being willing to share |

49. For other descriptions of your child's behaviors that are not listed above, please write here :

0 1 2 _____
0 1 2 _____

50. Which factor/s do you believe that contribute to your child's behavioral or emotional problems ?

- Child (remarks: _____)
- Family (remarks: _____)
- Others (remarks: _____)

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B . Parenting Stress

	No stress	Bearable	Hard to bear	Unbearable
Have you ever experienced the following difficulties <u>in the past 6 months</u> ? Please choose the answer that best indicates your condition.				
1. Difficulty in managing the child's behaviors and emotions	0	1	2	3
2. Health problems of the child (e.g., epileptic attacks, frequent illness, hospitalization, medical follow-up)	0	1	2	3
3. Worry over the child's lack of progress in development as well as the possible needs for special education	0	1	2	3
4. Feeling being discriminated / misunderstood	0	1	2	3
5. Relationship problems with spouse/in-laws family arising from parenting issues	0	1	2	3
6. Negative influences on job / working because of the need to take care of the child	0	1	2	3
7. Worry over the child's ability in taking care of oneself as he/she grows up	0	1	2	3
8. Lacking time of meeting friends or relatives	0	1	2	3
9. High spending in child-rearing	0	1	2	3
10. Lacking personal time and having to give up enjoyable activities	0	1	2	3
11. Please answer this item if the child has other siblings : Jealousy of other siblings	0	1	2	3
12. Other stresses : _____	0	1	2	3
	Never	Seldom	Often	Always

Please rate the frequency of the following symptoms :

1. Getting sick easily or feeling painful over any part of the body	0	1	2	3
2. Feeling dizzy / shaky	0	1	2	3
3. Getting emotional / throwing temper	0	1	2	3
4. Having worries	0	1	2	3
5. Insomnia / nightmares	0	1	2	3
6. Being depressed / low mood / lacking interest	0	1	2	3
7. Being restless / irritable	0	1	2	3
8. Addictive behaviors (e.g., shopping, netsurfing, electronic games, drinking etc.)	0	1	2	3
9. Lack of energy	0	1	2	3
10. Socially withdrawn	0	1	2	3
11. Loss of appetite / binge eating	0	1	2	3
12. Poor concentration / forgetful	0	1	2	3

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C . Support Network

	Never	Seldom	Sometimes	Always
When you feel stressful and frustrated with childcare, , have you ever.....				
1. Sought help from therapists and other related professionals	0	1	2	3
2. Focused on seeking solutions	0	1	2	3
3. Sought help and emotional support from relatives (not including parents)	0	1	2	3
4. Arranged time for my own rest and leisure	0	1	2	3
5. Shared with school/ support teachers	0	1	2	3
6. Received support from religious beliefs	0	1	2	3
7. Sought help and emotional support from parents	0	1	2	3
8. Believed there must be a way out	0	1	2	3
9. Engaged with self-enhancement acts (e.g., attending parenting talks and reading related materials)	0	1	2	3
10. Accepted the limitations of my child and myself	0	1	2	3
11. Sought help and emotional support from friends	0	1	2	3
12. Stayed calm and patient	0	1	2	3
13. Sought help and emotional support from parents-in-law	0	1	2	3
14. Discussed and cooperated with my spouse	0	1	2	3

D . Parenting Satisfaction and Effectiveness

	Strongly disagree	Disagree	Agree	Strongly agree
The following statements help us to understand your level of satisfaction as a parent and the effectiveness in terms of parenting. There is no absolute right or wrong for the answers. Please choose the answer that most indicates your condition.				
1. I have mastered the parenting skills for my children.	0	1	2	3
2. I have the ability to manage parenting issues.	0	1	2	3
3. I enjoy the process of child-rearing.	0	1	2	3
4. I have achieved my overall expectation with parenting children.	0	1	2	3
5. I am better than anyone in understanding and solving the problems of my children.	0	1	2	3
6. My children's behaviors are manageable for me.	0	1	2	3
7. As a parent, I feel successful and satisfied.	0	1	2	3
8. I can accomplish my daily life demands.	0	1	2	3
9. I devote myself to the role as a father / mother.	0	1	2	3
10. I am a sound father/mother.	0	1	2	3