



社會福利署  
Social Welfare Department



本署檔號：SWD 178/980/87  
電話號碼：2891 6379  
傳真號碼：2153 0071

香港灣仔皇后大道東 248 號  
15 樓 1508 室  
私營殘疾人士院舍登記辦事處

致各津助、自負盈虧及私營殘疾人士院舍主管：

內地兩宗人類感染禽流感(H5N1)個案

由於最近有兩宗發生在山西省及山東省的人類感染禽流感(H5N1)個案，因此衛生防護中心提醒各院舍應保持警覺預防禽流感。詳情請參閱隨函夾附由衛生防護中心於一月十九日發出的通告。

如察覺出現發燒或上呼吸道感染徵狀的院友人數或缺席人數增加，請盡早通知衛生防護中心（傳真號碼：2477 2770，電話號碼：2477 2772）及私營殘疾人士院舍登記辦事處（傳真號碼：2153 0071，電話號碼：2891 6379）。

社會福利署署長

（鄧菲烈  代行）

附件：衛生防護中心於二零零九年一月十九日發出的  
「中國兩宗人類感染禽流感(H5N1)個案」通告（中英文本）

副本送呈：各津助康復機構主管  
香港社會服務聯會復康服務總主任（服務發展）  
其他津助康復服務單位主管

二零零九年一月二十日

本署檔號 Our Ref. : (29) in DH SEB CD 8/6/1 Pt. 24

各院舍主管：

### 中國兩宗人類感染禽流感(H5N1)個案

中國衛生部於 2009 年 1 月 17 日及 18 日呈報兩宗分別發生在山西省及山東省的人類感染禽流感(H5N1)個案。

首名患者為一名兩歲女童，她於一月七日在湖南發病，一月十一日到山西就醫，現時情況危重。第二名患者為一名二十七歲女子，居於山東省，她於一月五日發病，一月十七日逝世。兩宗個案的呼吸道樣本均對 H5N1 呈陽性反應。

目前為止，香港並沒有人類感染(H5N1)個案。員工及院友應採取以下預防措施：

- 應盡量避免直接接觸雀鳥和家禽
  - 應盡量避免接觸雀鳥和家禽及其糞便，因染病的雀鳥和家禽的糞便中可能會帶有病毒。
  - 如發現死鳥，切勿接觸雀鳥屍體並應致電漁農自然護理署熱線 1823。
  - 如曾接觸雀鳥或家禽及其糞便，要立刻用梘液和清水徹底洗手。
- 保持良好的個人衛生
  - 保持雙手清潔，並用正確方法洗手。
  - 打噴嚏或咳嗽時應掩住口鼻，並用紙巾把痰或分泌物包好及妥善棄於有蓋垃圾桶內。其後用梘液和清水洗手。
- 增強身體抵抗力及實踐健康生活。均衡飲食、適量運動、充足休息，減輕壓力和避免吸煙，都是增強抵抗力的方法。
- 進食家禽肉類和蛋前應徹底煮熟。
- 保持良好的環境衛生
  - 確保室內空氣流通。
  - 如身體不適，最好避免前往人多擠迫、空氣流通情況欠佳的公眾地方。
- 如出現發燒或呼吸道的徵狀，應立即向醫生求診。



有關更多禽流感的資料，可瀏覽衛生防護中心網頁 (<http://www.chp.gov.hk>)。

另外，應繼續為院友每天量度體溫。員工或院友如出現高燒、流感樣病徵時，應儘早求醫。受影響的員工或院友應避免回到有關院舍。

如發現出現上呼吸道感染症狀的院友人數增加，請盡早通知衛生防護中心(傳真號碼: 2477 2770，電話號碼: 2477 2772)。衛生防護中心會就如何處理這些個案提供指引，並採取適當控制措施。

衛生署衛生防護中心  
社會醫學顧問醫生(傳染病)

(張竹君  醫生)

二零零九年一月十九日



衛生防護中心乃衛生署  
轄下執行疾病預防  
及控制的專業架構  
The Centre for Health  
Protection is a  
professional arm of the  
Department of Health for  
disease prevention and  
control

本署檔號 Our Ref. : (29) in DH SEB CD/8/6/1 Pt. 24

19 January 2009

Dear Manager / Infection Control Officer of Residential Care Home,

**Two human cases of influenza A(H5N1) infection in Mainland China**

I would like to draw your attention to two confirmed cases of human influenza A(H5N1) infection notified by the Ministry of Health of China from Shanxi and Shandong province on 17 January and 18 January 2009 respectively.

The first patient affected a 2-year-old girl who developed symptoms on 7 January 2009 in Hunan and was brought to Shanxi for medical treatment on 11 January. She is now in critical condition. The second patient was a 27-year-old woman living in Shandong Province. She developed symptoms on 5 January and passed away on 17 January. Respiratory specimens taken from both patients were tested positive for H5N1.

So far, no human case of avian influenza has been detected in Hong Kong. To prevent avian influenza, the following measures are advised:

- Avoid direct contact with birds and poultry
  - Avoid touching poultry, birds or their droppings, because they may carry the avian influenza virus.
  - If dead birds are found, avoid contact with the bird carcass and call the Agriculture, Fisheries and Conservation Department through the Government Hotline 1823.
  - Wash hands thoroughly with liquid soap and water immediately in case of contact with poultry, birds or their droppings.
- Maintain good personal hygiene
  - Keep hands clean and wash hands properly.
  - Cover nose and mouth while sneezing or coughing. Dispose sputum or secretions wrapped in tissue paper into rubbish bins with lids. Wash hands with liquid soap and water afterwards.
- Build up good body resistance and have a healthy lifestyle. This can be achieved through a balanced diet, regular exercise, adequate rest, reducing stress and no smoking.
- Poultry and eggs should be thoroughly cooked before eating.



- Maintain good environmental hygiene
  - Maintain good indoor ventilation.
  - Avoid crowded places with poor ventilation if feeling unwell.
- Seek medical advice immediately if fever or respiratory symptoms develop

More information on Avian Influenza is available at CHP website (<http://www.chp.gov.hk>).

In addition, you are reminded to continue temperature checking for residents. Those who develop symptoms of high fever or influenza-like illness should seek medical advice early. The affected staff and residents should avoid returning to the institution.

As usual, if you notice any increase in respiratory illnesses or absenteeism among your staff or residents, please report to our Central Notification Office (Tel: 2477-2772; Fax: 2477-2770) for immediate epidemiological investigations and outbreak control.

Yours sincerely,



(Dr SK Chuang)

Consultant Community Medicine (Communicable Disease)  
Centre for Health Protection  
Department of Health