

My father lives with me. He relies entirely on others after he had a stroke. However, I have to work in the daytime. What can I do?

Go to work and don't worry! If a frail elderly person is unattended in the daytime and is assessed by the "Standardised Care Need Assessment Mechanism for Elderly Services" to be at moderate or severe level of impairment, he may apply for services provided by **Day Care Centres for the Elderly**.



Service Type

- **District Elderly Community Centre**
(attached with Support Team for the Elderly)
- **Neighbourhood Elderly Centre**
- **Social Centre for the Elderly**
- **Day Care Centre/ Unit for the Elderly**
- **Integrated Home Care Services Team**
- **Enhanced Home and Community Care Services Team**
- **Home Help Team**

Brief of the service content
(All units provide carer support services)

Counselling service, educational and developmental activities, volunteer development, concern visit, canteen service

Social and recreational activities, provision of information on community resources, referral service

Personal care, nursing care, rehabilitation exercise, meal service, respite service, social and recreational activities, transportation service to and from the centre, counselling and referral services

Personal care, care management, rehabilitation exercise, meal service, respite service, escort service, environmental risk assessment and home modifications, 24-hour emergency support

Personal care, escort service, household cleaning



I am now leading a meaningful life!

SWD Hotline
2343 2255

SWD Website
www.swd.gov.hk

 **社會福利署**
Social Welfare Department



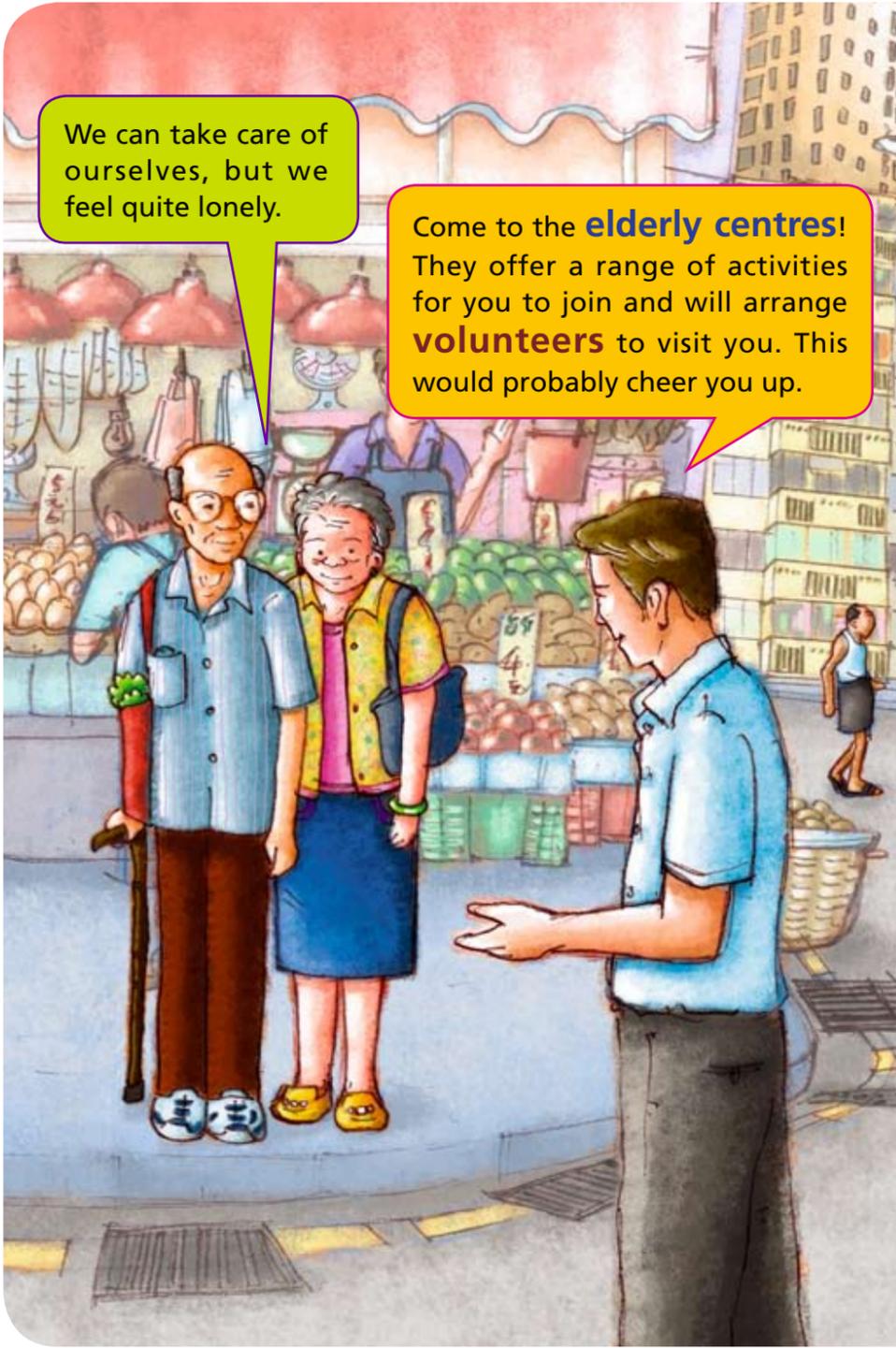
Useful Tips on Community Support Services for the Elderly

Community Support Services for the Elderly may help you!



We can take care of ourselves, but we feel quite lonely.

Come to the **elderly centres!** They offer a range of activities for you to join and will arrange **volunteers** to visit you. This would probably cheer you up.





My husband suffers from chronic illness and I take care of him on my own. Sometimes I feel very tired. I wish someone could take care of him for me for a while.

You'd better take a break and apply for **respite service** for your husband. There are day respite service as well as residential respite service. You may also use the **carer support services** to relieve your pressure.



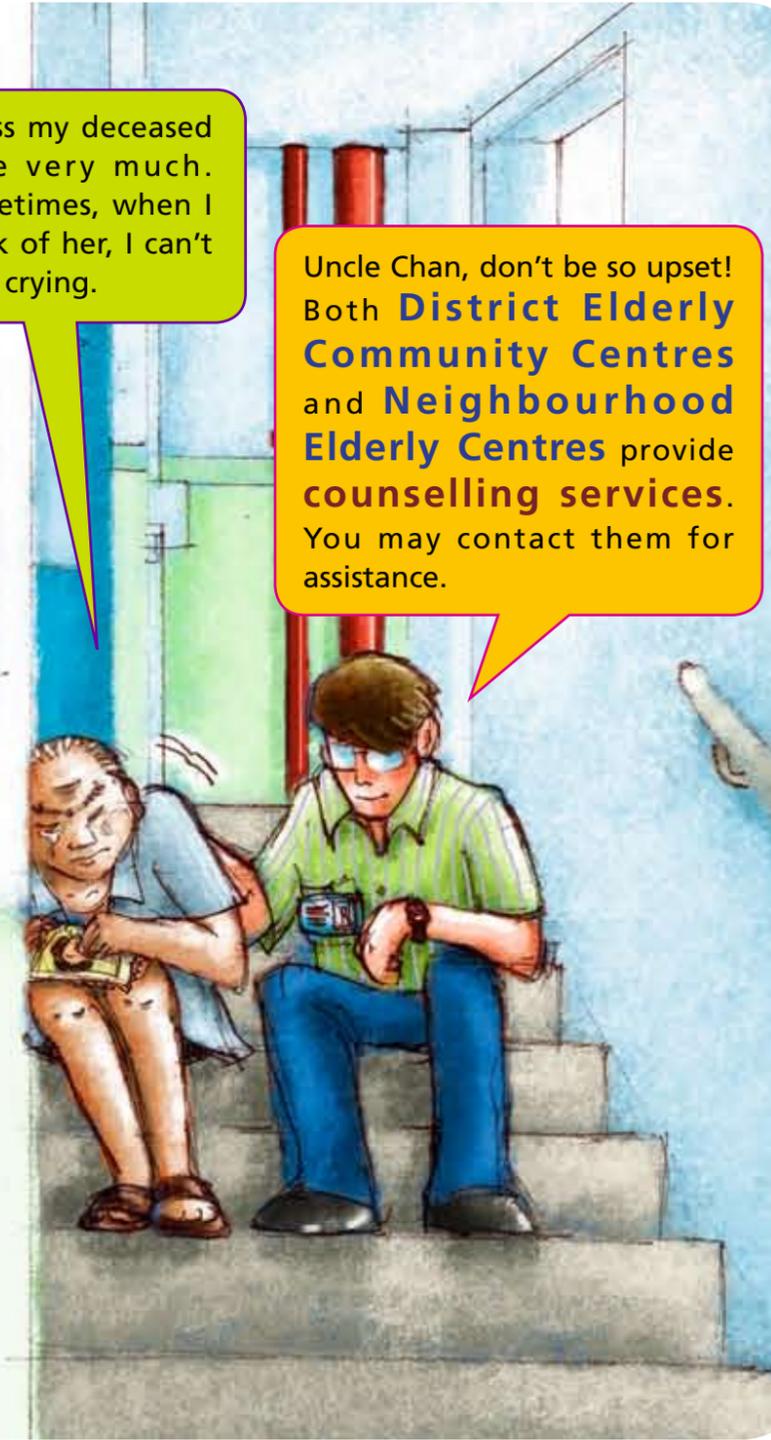
I live alone and am suffering from ill-health. What can I do?

Uncle Wong, don't worry! The **home-based services team** will provide you with home-based personal care or other support services according to your health condition and need.



I have just retired and have a lot of spare time. It's a bit hard to adjust to the change.

Madam Chung, you may go to the **elderly centre** to work as a volunteer. In this way, you may help others and lead a meaningful life at the same time.



I miss my deceased wife very much. Sometimes, when I think of her, I can't help crying.

Uncle Chan, don't be so upset! Both **District Elderly Community Centres** and **Neighbourhood Elderly Centres** provide **counselling services**. You may contact them for assistance.