

## Community Rehabilitation Day Centre

### Service Objectives

Community Rehabilitation Day Centre (CRDC) provides both professional rehabilitation training service and psychosocial rehabilitation services to discharged patients. It aims at enhancing the patients' physical functioning and self-maintenance abilities; strengthening their domestic living and community living skills; helping them restructure a healthy lifestyle and productive life roles so as to facilitate their integration into the community. CRDC also provides day respite care service for discharged patients, training programmes and educational courses for their family members/caregivers to strengthen their caring capacities and release their pressure so as to improve their quality of living.

### Target Participants

#### Rehabilitation Training Service

1. Discharged patients who are -
  - aged 15 and above; and
  - suffering from stroke, neurological or physical impairments, or other physical illnesses affecting their functional performance and in need of continuous rehabilitation training.
2. Family members/caregivers of discharged patients as stipulated above.

#### Day Care Service for Severely Disabled Persons

- severely mentally handicapped/severely physically handicapped persons aged between 15 to 59.

### Service Nature

- Time-defined centre-based individual or group rehabilitation training programmes;
- Home-based individual therapy;
- Training programmes/educational courses/workshops for the family members/caregivers;
- Supportive services including the organization of mutual support groups for discharged patients, the launching of public education programmes and the provision of consultation services to support groups and rehabilitation units in the community;
- Day respite care service; and
- Day care service for severely disabled persons.

### Application Procedure

#### Rehabilitation Training Service

- Must be referred by medical officers/occupational therapists/physiotherapists of the Hospital Authority through standardized referral system.

#### Day Care Service for Severely Disabled Persons

- Must be referred by social worker

#### Caregivers' Training Service/Day Respite Care Service

- Can direct apply for the service

### Fee Charging

Service charges are based on different nature of services and activities provided.

### Enquiry (Social Welfare Department)

Tel : 2343 2255

Website : <http://www.swd.gov.hk>

**List of Community Rehabilitation Day Centre (CRDC)**  
**日間社區康復中心名單**

Service Unit 服務單位	Address 地址	Tel No 電話	Fax No 傳真	E-mail Address 電郵地址
Haven of Hope Christian Service Haven of Hope Community Rehabilitation Day Centre 基督教靈實協會 靈實日間社區康復中心	1/F, Tang Shiu Kin Community Ambulatory Care Centre, 282 Queen's Road East, Wan Chai, Hong Kong 香港灣仔皇后大道東 282號 鄧肇堅醫院社區日間醫療中心 1樓	3553 3188	3553 3185	<a href="mailto:crdc@hohcs.org.hk">crdc@hohcs.org.hk</a>
Christian Family Service Centre Community Rehabilitation Day Centre 基督教家庭服務中心 日間社區康復中心	G/F, 4 Fuk Tong Road, Kwun Tong, Kowloon 九龍觀塘福塘道4號地下	2793 2218	2342 0338	<a href="mailto:crdc@cfsc.org.hk">crdc@cfsc.org.hk</a>
SAHK NT East Community Rehabilitation Day Centre 香港耀能協會 新界東日間社區康復中心	G/F, Luk Chuen House, Lek Yuen Estate, Shatin, New Territories 新界沙田瀝源邨祿泉樓地下	2601 2978	2601 1772	<a href="mailto:ntecrdc@sahk1963.org.hk">ntecrdc@sahk1963.org.hk</a>
The Neighbourhood Advice-Action Council NT West Community Rehabilitation Day Centre 鄰舍輔導會 新界西日間社區康復中心	G/F, Wu Kwong House, Wu King Estate, Tuen Mun, New Territories 新界屯門湖景邨湖光樓地下	2456 9577	2456 9571	<a href="mailto:ncrc@naac.org.hk">ncrc@naac.org.hk</a>