# Integrated Community Centre for Mental Wellness (ICCMW) 精神健康綜合社區中心

(Service Brief) (服務簡介)

### **Service Description**

The Integrated Community Centre for Mental Wellness (ICCMW) is an integrated centre providing one-stop and district-based community support and social rehabilitation services ranging from early prevention to risk management for persons in mental recovery, persons with mental health needs, their families and carers, and residents living in the serving district.

### 服務簡介

精神健康綜合社區中心(下稱「綜合社區中心」)是為精神復元人士、有精神健康需要的人士、他們的家人及照顧者,及居住當區的居民,提供由及早預防以至危機管理的一站式,以地區為本的社區精神健康支援服務。

## **Target Service Users**

The target service users of ICCMW includes persons in mental recovery, persons with mental health needs, secondary school students, their families and carers, and residents living in the serving district.

### 服務對象

綜合社區中心的服務對象包括精神復元人士、有精神健康需要人士及中學生、其家屬及照顧者,及居住當區的居民。

#### Scope of Services

The ICCMW provides the following services -

- Drop-in services
- Outreaching services
- Casework counseling
- Therapeutic and supportive group work services
- Social and recreational activities
- Day training
- Outreaching occupational therapy training services
- Peer support services
- Clinical psychological service
- Public education programs on mental health

• Referral to the Community Psychiatric Service of the Hospital Authority for clinical assessment or psychiatric treatment

## 服務範圍

綜合社區中心的服務包括:

- 偶到服務
- 外展服務
- 個案輔導工作
- 治療及支援小組工作
- 社交及康樂活動
- 日間訓練
- 外展職業治療服務
- 朋輩支援服務
- 臨床心理服務
- 舉辦教育性活動加強社區人士對精神健康的認識
- 轉介有需要的個案至醫院管理局接受臨床評估及精神科治療

## **Referring Procedures**

Referrals can be made to ICCMW through -

- Self-application of the above-mentioned target service users; or
- Referrals through doctors, social workers, allied health professionals or government departments, etc.

### 轉介途徑

綜合社區中心的服務可經下述途徑轉介:

- 上述服務對象自行向中心申請服務;或
- 由醫生、社工、專職醫療人員或政府部門等轉介。

## **Enquiry (Social Welfare Department)**

Tel.: 2343 2255

Website: http://www.swd.gov.hk

## 查詢 (社會福利署)

電話: 2343 2255

網址: http://www.swd.gov.hk