

Integrated Community Centre for Mental Wellness (ICCMW)
精神健康綜合社區中心

(Service Brief)
(服務簡介)

Service Description

The Integrated Community Centre for Mental Wellness (ICCMW) is an integrated centre providing one-stop, district-based and accessible community support and social rehabilitation services ranging from early prevention to risk management for ex-mentally ill persons, persons with suspected mental health problems, their families / carers and residents living in the serving district.

服務簡介

精神健康綜合社區中心（下稱「綜合社區中心」）是為精神病康復者、懷疑有精神健康問題的人士、他們的家人／照顧者及居住當區的居民，提供由及早預防以至危機管理的一站式、地區為本和便捷的社區精神健康支援服務。

Target Group

The target groups of ICCMW are those living in the district, including -

- Ex-mentally ill persons aged 15 or above
- Persons with suspected mental health problems aged 15 or above
- Family members / carers of the above persons
- Residents with interest in understanding and improving their mental health

服務對象

綜合社區中心的服務對象是居住在當區的居民。他們包括：

- 15 歲或以上的精神病康復者
- 15 歲或以上的懷疑有精神健康問題的人士
- 上述人士的家屬／照顧者
- 有意進一步認識／改善精神健康的居民

Scope of Services

The ICCMW provides the following services -

- Drop-in services
- Outreaching services
- Casework counseling
- Therapeutic and supportive group work services
- Social and recreational activities

- Day training
- Outreaching occupational therapy training services
- Peer support services
- Public education programs on mental health
- Referral to the Community Psychiatric Service of the Hospital Authority for clinical assessment or psychiatric treatment

服務範圍

綜合社區中心的服務包括：

- 偶到服務
- 外展服務
- 個案輔導工作
- 治療及支援小組工作
- 社交及康樂活動
- 日間訓練
- 外展職業治療服務
- 朋輩支援服務
- 舉辦教育性活動加強社區人士對精神健康的認識
- 轉介有需要的個案至醫院管理局接受臨床評估及精神科治療

Referring Procedures

Referrals can be made to ICCMW through -

- Self-application of the above-mentioned target groups; or
- Referrals through doctors, social workers, allied health professionals or government departments, etc..

轉介途徑

綜合社區中心的服務可經下述途徑轉介：

- 上述服務對象自行向中心申請服務；或
- 由醫生、社工、輔助醫療人員或政府部門等轉介。

Enquiry (Social Welfare Department)

Tel.: 2343 2255

Website: <http://www.swd.gov.hk>

查詢 (社會福利署)

電話：2343 2255

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