

Residential respite service is a form of temporary or short-term residential care service for elderly persons. It serves the objective of providing temporary relief for family members or relatives who are the main caregivers of elderly person requiring a certain degree of personal care whilst residing in the community. It aims at encouraging and helping elderly persons to continue living in the community for as long as possible.

The designated places for respite service is provided in subvented residential care homes for the elderly (RCHes), including Care and Attention Homes; Contract Homes and private homes participating in the Enhanced Bought Place Scheme (EBPS).

Residential respite service is also provided in all subvented RCHes, subvented NHs, contract homes and private homes participating in the Enhanced Bought Place Scheme through the use of casual vacancies of the subsidised places.

Target Group

The target group of the service is elderly persons who require short-term residential care placement so that temporary relief can be provided for their family members or relatives as the main caregivers.

Eligibility Criteria

Elderly persons are considered eligible for residential respite service if they are:

- aged 60 or above;
- in need of short-term residential care so that family members or relatives as their main caregivers may take a break from providing the care on a long-term basis;
- physically and mentally fit for communal living;
- requiring a level of personal and nursing care corresponding to the admission criteria of the particular type of residential service; and

- to be taken back into care by the family upon expiry of the respite period.

Referral Procedures

To apply for respite service, elderly persons or their families may approach caseworkers of Integrated Family Service Centres, Medical Social Services Units, District Elderly Community Centres, Neighbourhood Elderly Centres, Social Centres for the Elderly, Day Care Centres/Units for the Elderly, Enhanced Home and Community Care Services Teams, Integrated Home Care Services Teams and Home Help Team who will assess the elderly person's needs and make referrals to the residential care homes for the elderly or nursing homes concerned if considered suitable.

For elderly persons and their families in need of Residential Respite Service for the Elderly during non-office hours, they may directly approach the service operator of private residential care homes for the elderly under the Enhanced Bought Place Scheme providing residential respite service for assistance. Non-office hours are (i) Monday to Saturday, from 5pm to 9am of the following day, and (ii) Sunday and Public Holidays, from 9am to 9am of the following day.

Duration of Stay

Residential respite service rendered to each elderly person on each occasion shall be neither less than 24 hours, nor more than 6 weeks (i.e. 42 days) which is also the maximum accumulative duration of period(s) of use of the service within the 12 months preceding the date of admission for the service.

Undertaking

In the interests of elderly persons, the family members will be required to sign an undertaking to take their elderly persons home at the end of the respite period. Residents of respite places, like long-term residents, will have to observe the rules and regulations of the homes during their stay.

Please visit the website of the Social Welfare Department at www.swd.gov.hk for detail.

長者住宿暫託服務



Residential Respite Service for Elders

Residential
Respite
Service
長者住宿暫託服務

長者住宿暫託服務專為在社區中生活，但在個人照顧方面需要家人或親屬協助的長者提供臨時/短暫的住宿照顧。這項服務旨在分擔主要護老者長期照顧長者的責任，並讓他們在有需要時能得到短暫休息的機會，從而鼓勵及協助長者盡量繼續留在社區居住。

指定暫託宿位設於津助護理安老院、合約安老院舍及參與「改善買位計劃」的私營安老院。

同時，所有的津助安老院、津助護養院、合約安老院舍和所有參與「改善買位計劃」的私營安老院均可使用其偶然空置的資助宿位提供住宿暫託服務。



服務對象

服務對象是一些需要短暫住宿照顧服務的長者，希望藉著這項服務為長者的主要護老者(其家人或親屬)，提供短暫休息的機會。

申請資格

專為符合下列條件之長者提供服務：

- * 年齡達60歲或以上;
- * 確實需要住宿暫託照顧服務，讓長期照顧長者的家人或親屬能得到短暫休息的機會;
- * 體格及精神上適合群體生活;
- * 無傳染病;
- * 健康及自我照顧能力符合提供暫託服務院舍的入住要求;以及
- * 住宿暫託期滿後，家人必須接回長者照顧。

轉介手續

如欲申請以上服務，長者或其家人可以聯絡社會服務單位的負責社工(有關單位包括綜合家庭服務中心、醫務社會服務部、長者地區中心、長者鄰舍中心、長者活動中心、長者日間護理中心/單位、改善家居及社區照顧服務隊、綜合家居照顧服務隊和家務助理隊)。

負責社工會評估長者對該服務的需要，如認為合適，便會把長者轉介至安老院舍/護養院。

如長者及其照顧者於非辦公時間有需要接受「長者住宿暫託服務」，可直接向有空置住宿暫託服務宿位的參與「改善買位計劃」私營安老院舍提出申請。非辦公時間為星期一至星期六下午5時至翌日上午9時，星期日及公眾假期上午9時至翌日上午9時。

人住時間

每次向長者提供住宿暫託服務的期間不可少於24小時，但亦不可超過六星期。該長者在入住日期之前的連續12個月內，可多次使用這項服務，但最多只可累積六個星期(即42天)的暫住期。

承諾書

為了確保入住暫託宿位的長者於暫託期滿後能夠得到適當的照顧，有關長者的家人須簽署承諾書，保證將於暫託期滿後接回長者返家照顧。與長期院友一樣，入住暫託宿位的長者在住宿期間亦須承諾遵守有關院舍的規則。

詳情請瀏覽社署網頁
www.swd.gov.hk