

Integrated Community Centre for Mental Wellness (ICCMW)
精神健康综合社区中心

(Service Brief)
(服务简介)

Service Description

The Integrated Community Centre for Mental Wellness (ICCMW) is an integrated centre providing one-stop, district-based and accessible community support and social rehabilitation services ranging from early prevention to risk management for persons in mental recovery, persons with suspected mental health problems, their families / carers and residents living in the serving district.

服务简介

精神健康综合社区中心（下称「综合社区中心」）是为精神复元人士、怀疑有精神健康问题的人士、他们的家人／照顾者及居住当区的居民，提供由及早预防以至危机管理的一站式、地区为本和便捷的社区精神健康支援服务。

Target Group

The target group of ICCMW includes persons in mental recovery and persons with suspected mental health problems aged 15 or above; their families / carers and residents living in the serving district. Since October 2019, the target group of ICCMW was expanded to all secondary school students living / studying in the serving district.

服务对象

综合社区中心的服务对象包括 15 岁或以上的精神复元人士、怀疑有精神健康问题人士、其家属／照顾者和区内居民。自 2019 年 10 月起，其服务对象已扩展至于当区居住／就读的中学生。

Scope of Services

The ICCMW provides the following services -

- Drop-in services
- Outreaching services
- Casework counseling
- Therapeutic and supportive group work services
- Social and recreational activities
- Day training
- Outreaching occupational therapy training services

- Peer support services
- Clinical psychological service
- Public education programs on mental health
- Referral to the Community Psychiatric Service of the Hospital Authority for clinical assessment or psychiatric treatment

服务范围

综合社区中心的服务包括：

- 偶到服务
- 外展服务
- 个案辅导工作
- 治疗及支援小组工作
- 社交及康乐活动
- 日间训练
- 外展职业治疗服务
- 朋辈支援服务
- 临床心理服务
- 举办教育性活动加强社区人士对精神健康的认识
- 转介有需要的个案至医院管理局接受临床评估及精神科治疗

Referring Procedures

Referrals can be made to ICCMW through -

- Self-application of the above-mentioned target groups; or
- Referrals through doctors, social workers, allied health professionals or government departments, etc.

转介途径

综合社区中心的服务可经下述途径转介：

- 上述服务对象自行向中心申请服务；或
- 由医生、社工、专职医疗人员或政府部门等转介。

Enquiry (Social Welfare Department)

Tel.: 2343 2255

Website: <http://www.swd.gov.hk>

查询 (社会福利署)

电话：2343 2255

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