

Service Brief

Parents/Relatives Resource Centre

Service Objectives

Parents/Relatives Resource Centres (PRCs), including PRCs designated for carers of persons in mental recovery, serve as a focal point providing professional advice and support to parents, relatives and carers of persons with disabilities (PWDs). The service aims to enhance their caregiving capacity, facilitate experience sharing, and foster mutual support to alleviate the stress of carers.

Specialised Ethnic Minorities (EM)¹ units are attached to PRCs in five clusters². These units are designated to support EM families, encouraging them to utilise community services and promoting social inclusion.

Target Service Users

The target service users of PRCs are parents, relatives and carers of PWDs³. PWDs under care are also considered service users if they participate in PRC-organised programmes or receive services with their parents, relatives or carers.

The specialised EM units cater to EM service users residing in specific district clusters. EM service users not living in these districts may choose to use the services of other PRCs as appropriate.

Service Nature and Contents

PRC provides a range of services to support parents, relatives and carers of PWDs

¹ Ethnic minorities refer to persons with non-Chinese ethnicities, including people from Bangladesh, Philippines, India, Indonesia, Nepal, Pakistan, Thailand and other Asia countries, excluding foreign domestic helpers and non-refoulement claimants.

² The five clusters are –

- (i) Central and Western, Eastern, Wan Chai and Southern District;
- (ii) Kwun Tong, Wong Tai Sin, Sai Kung and Sha Tin;
- (iii) Yau Tsim Mong and Kowloon City;
- (iv) Kwai Tsing, Islands (mainly Tung Chung), Sham Shui Po and Tsuen Wan; and
- (v) Yuen Long, Tuen Mun, Tai Po and North District.

³ The Service Operator shall provide services for parents, relatives and carers of PWDs irrespective of their age, race and type of disabilities. While priority may be given to parents, relatives and carers of PWDs under the age of 21, the PRCs should also provide support to parents, relatives or carers of adult PWDs for meeting their specific needs.

including -

- (a) providing a venue for parents, relatives and carers to discuss common interests and share caring experiences;
- (b) offering emotional support, individual counselling, and therapeutic groups to help them manage their stress of caring for family members with disabilities and special needs;
- (c) organising support programmes, including individual, group and mass activities;
- (d) supplying reference materials and resources;
- (e) conducting community education and networking programmes to promote public understanding and acceptance of PWDs; and
- (f) providing Peer Support Service to strengthen support for service users, etc.

Referrals

Parents, relatives and carers of PWDs can directly approach PRCs for service.

Fee-charging

Family membership fee is \$21 per annum.

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